



SHORT COURSE PROGRAM ON



MIDWIFERY EMERGENCY SKILLS TRAINING

Introduction

St John's University of Tanzania-School of Nursing, in collaboration with Tanzania Midwives Association (TAMA) will conduct a short course in Midwifery Emergency Skills Training(MEST) for healthcare workers specifically registered nurses and midwives. This course is accredited by the Tanzania Nursing and Midwifery Council (TNMC) with 20 CPD points.

Aim

To equip health care workers with up-to-date knowledge and practical skills required to deal with pregnancy, labour and delivery-related complications that threaten the lives of mothers and their newborns. The topic to be covered will include, Birth preparedness, Clinical decision making, Pre-eclampsia and eclampsia, Antepartum and Intrapartum hemorrhage, shoulder dystocia, Abnormal FHR and intrauterine resuscitation, assisted breech delivery, Twin delivery, Postpartum hemorrhage, Helping Babies breath, prevention and management of maternal and neonatal infections. Also, concept of supportive care, like mobility during labour, birthing positions and water birth will be highlighted.

Expected Learning Outcome:

1. Identify a woman with emergency obstetric conditions by using comprehensive assessment methods
2. Utilize appropriate skills for the management of a woman with hypertensive disorders of pregnancy, i.e. pre-eclampsia, and eclampsia
3. Demonstrate skills in the management of patients with bleeding before or after delivery, including hemorrhagic shock
4. Demonstrate skills in assisting complicated deliveries, including breech extraction, shoulder dystocia, and Vacuum-Assisted Birth (VAB)
5. Conduct an immediate and comprehensive newborn assessment to recognize newborns with life-threatening conditions
6. Demonstrate appropriate skills for helping babies to survive
7. Apply concepts of customer care and integrity in the provision of midwifery services.

Contact Address

For detailed explanation on the short course, please contact us through the following;

Mobile no: **0713292572, 0765920965, 0754656807**

Email: **sonu@sjut.ac.tz**

FOR MORE INFORMATION
PLEASE VISIT SJUT WEBSITE

TARGET GROUPS

The course attracts registered nurses and midwives from both public and private health care settings and training institutions in Tanzania. The participants should be directly involved with patient care or training of healthcare workforce.

DURATION OF THE COURSE

The course shall extend over a period of 6 days and a certificate of completion will be awarded. The course will commence from 16th - 21st October 2023 at St John's University of Tanzania-Dodoma

COURSE FEES

Each participant shall pay a tuition fee amounting to 350,000 Tshs for local citizens and a total of USD 153 for foreigners.

PAYMENT METHOD

All payment should be made in the following account.

Account
number:**01J1082864000**

Account Name: **Sjut Income ac**

ALL APPLICATIONS SHOULD BE ADDRESSED TO

Dean-School of Nursing,
St John's University of Tanzania,
School of Nursing,
P.O. Box 47
Dodoma-Tanzania.

Please send your application electronically using the following e-mail sonu@sjut.ac.tz